

# THE BURDEN OF ILLNESS: PATIENTS & THEIR CAREGIVERS

LET US SUPPORT YOU



**Third Thursday of the month**  
(*except holidays*)  
4:00-5:00 pm

**160 East 34th Street**  
Room 1121

**Topics Include:**

- Quality of life as a caregiver
- Preventing burnout
- Tools to prevent stress
- Communicating effectively
- Day in the life of a caregiver
- Decision-making
- Grief and loss
- Challenging situations

**Facilitators:**

Jane Rosenthal, MD  
and Maria Chi, DSW

**RSVP:**

212-731-5806

Required three days prior to each session.



Perlmutter Cancer Center  
is an NCI-designated cancer center.

[nyulangone.org/cancer](http://nyulangone.org/cancer)